



Vasectomy

Summer 2011

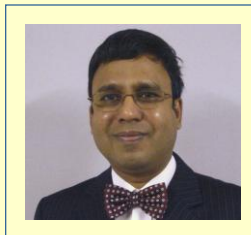
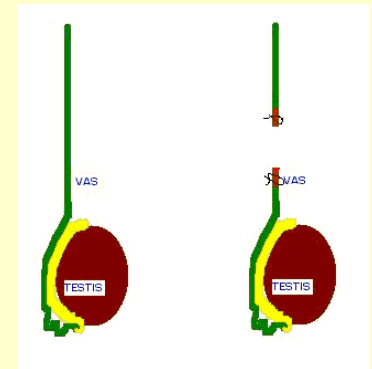
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What is Vasectomy?

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This is a small operation to make a man sterile (incapable of fathering children) by dividing a small tube from each testicle which transmits the sperms. The operation should be considered irreversible and therefore not undertaken unless family is considered complete. Vasectomy is a very good method of permanent contraception.



Who will carry out my operation?

Mr. Bernard Potluri, will carry out the operation personally using no scalpel surgical technique. He is a consultant urologist in the NHS and private sector for over 14 years and has special interest in this operation.

He has been carrying out vasectomies for many years.

How much does it cost?

You will normally need to have a pre operative consultation, including a physical examination. This will also give you the opportunity to ask any questions you have. We should be able to offer a one stop service if you prefer.

The total package price is £560 (this includes hospital charges, surgeon's fee - both consultation and operation, and 2 semen tests after the procedure).

Frequently asked Questions

What preparation is needed?

We usually recommend you to shave scrotum and a shower.

What type of anaesthesia is used? ? What to expect during the operation?

The operation takes 15--20 minutes and is usually carried out under local anaesthetic. If you are very sensitive in the genital area or if there are any associated conditions like varicocele, general anaesthetic may be advisable. Any sensitivity or allergy to local anaesthetic agents must be made known to the surgeon. The operation is virtually painless apart from the two injections of local anaesthetic into the upper part of the scrotum. You may feel slight pulling sensation while the tube is being handled.

Do I need to have sutures removed?

I usually carry out a no-scalpel vasectomy, through small punctures, which seal off almost instantly. Sometimes you may need 1 or 2 stitches in the skin which will dissolve and fall out in a few days. The small wounds may discharge small amount of dirty looking fluid for a few days. The fluid will gradually dry up. A bath should be taken every day after the operation; the area carefully dried.

Post Operative instructions:

- We normally recommend a day off!
- Pain killers like Paracetamol / Ibuprofen may be taken as required.
- Semen samples should be submitted in approximately 10 and 12 weeks.

Are there any complications?

- Pain is experienced for up to three to four days after the operation. Strenuous movement exercises or work should be avoided over this time, particularly the first 48 hours. A tight pair of swimming trunks is a useful accessory.
- There is often a little bruising and swelling of the scrotum after the operation. This is to be expected and will gradually disappear if the scrotal support is kept on. (One side only may be bruised, swollen or both.)
- If the operation site(s) obviously becomes infected all that is required is a week's course of antibiotic from your general practitioner (and keep the scrotal support on).

- Excessive internal bleeding is rare, especially with no scalpel technique. It may happen in the first 48 hours after the operation hence the instruction to avoid undue exertion during that time. Internal bleeding is present if the scrotum becomes bruised, very swollen and extremely painful, If this happens advice should be sought at once from Rivers hospital or your local emergency department. (24 hour Tel. 01270 602670)
- Pain in one or other side of the scrotum. It usually occurs several weeks and months after the operation. It is spasm like in nature and sometimes related to intercourse. The cause is unknown (possibly related to distension of epididymis where sperms are stored and have no way of coming out). It usually disappears after a variable length of time (usually months). A tight scrotal support is often helpful if worn continuously. The pain rarely occurs on both sides, or after several years following vasectomy. Fortunately the incidence of persistent pain is rare.
- Failure of operation due to spontaneous re-joining of one (or both) of the tubes later in life, for no apparent reason. This is minimised by taking out a segment of tube, cauterizing the ends and also tying them. Re canalization may occur in one case in approximately 2000 cases of vasectomy carried out. I have not come across this complication in my practice.

Does it work instantly?

The operation is not immediately effective. Sperms present in the body at the time of the operation have to work out by sexual relations after the operation. This takes up to three or even four months. During this time precautions against pregnancy must continue. To make sure the operation has been successful two specimens of semen are analysed under a microscope 10 and 12 weeks after the operation. If they both show complete absence of all sperms, the operation can be considered a success and all contraceptive precautions stopped. Sometimes more than two specimens of semen must be analysed before success of the operation can be confirmed. The operation can fail even after this stage, but very rarely.

Will it affect sex life?

There is no evidence that it will improve your sex life or worsen it. Some people find improvement in sex life, as there is no worry/risk of pregnancy!

Is there any connection with cancer of testis/prostate?

From time to time you may see newspaper articles on Vasectomy and cancer of the testis and prostate. There is no evidence to indicate that there is a link.

How to proceed further?

We hope this information is useful to you in your decision making process. Please feel free to contact us if you need any further information.

Mr. Potluri usually sees his reversal patients and also carries out the procedure at Rivers Hospital, Sawbridgeworth, CM21 0HH: www.rivers-hospital.co.uk

If you wish to proceed, you may call Mary on 01279 602652 (Mon to Fri. 8-4pm) to book an appointment or if you prefer us to call you, please email us with your contact numbers.

